



Sarajevo 2023

FRIENDSHIP TO TAEKWONDO IN BALKAN



It is a delight that in this period of trying by a series of events taking place before our eyes all over the world, I welcome the message sent through this important regional sports event.

As the Balkan Region is recognized as one of the strongest fields of activity in the area of our sports discipline, I wish success to the athletes and coaches and only good thoughts of appreciation to the managers and staff of the National Federation, involved in the promotion, organization and development of the Balkan Taekwondo Championship, in a city full of history, which has been a good host for the official events organized over time.

Yours,

Sakis Pragalos

President European Taekwondo Union



Dear friends,

It is my pleasure to invite your team to the Balkan Taekwondo Championship Sarajevo 2023!

This event is an event in which our athletes can meet and taste how it feels to fight in different divisions.

Registration is now open and I invite all of you to register and be part of an amazing event. We have already felt the warm hospitality of Bosnia and Herzegovina at past events and I am looking forward to be back in Bosnia and Herzegovina again!

Yours,

Dr. Metin Şahin
President of Balkan Taekwondo Union



**23RD BALKAN TAEKWONDO
CHAMPIONSHIPS SARAJEVO 2023**

PROMOTER: BALKAN TAEKWONDO UNION

Website: <http://www.btutaekwondo.org>

**ORGANIZER: TAEKWONDO ASSOCIATION OF THE FEDERATION
OF BOSNIA AND HERZEGOVINA**

President of ATF: Mr. Samir Saric

Mobile: +38761356257

E-mail: tkdsfbih@gmail.com

Dates: 24. – 25. November

SANCTIONED BY

European Taekwondo Union

info@europeantaekwoundunion.org

VENUE

Name: Sport hall Goran Chengic

Address: Zvornicka 23, 71000, Sarajevo

MAP: <https://maps.app.goo.gl/qPhMNvyG6uWy8jGw5>

REGISTRATION DEADLINE

23:59 (GMT+2) on 15. November

SPORT ENTRIES - ONLINE REGISTRATION

<https://tpss.eu>

**NO LIMIT OF TEAM REPRESENTATIVES BY NATIONAL TEAMS PER
CATEGORY/DIVISION**

COMPETITION DATES & SCHEDULE

24. November

Young Cadets Male: -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, -48kg, +48kg;

Young Cadets Female: -23kg, -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, +44kg;

Cadets Male: -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg), -164 cm (-56 kg),
-168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), -180 cm (-67 kg), +180 cm (-80 kg),

Cadets Female: -144 cm (-43 kg), -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg),
-164 cm (-56 kg), -168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), +176 cm (-75 kg),

25. November

Juniors Male: -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg;

Juniors Female: -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -63kg, -68kg, +68 kg;

Senior Male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, +87kg;

Senior Female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg; +73kg;

REGISTRATION & ACCREDITATION

23. November

09:00 – 13:00 hrs

14:00 – 18:00 hrs

24. November

10:00 – 13:00 hrs

Hotel HOLIDAY,

Zmaja od Bosne 4., 71000, Sarajevo

MAP: <https://maps.app.goo.gl/aYRvGx9gktYnujuN9>

WEIGH-IN DATES, SCHEDULE & LOCATION

23. November: 10:00 – 13:00 hrs, 14:00 – 18:00 hrs

Young Cadets Male: -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, -48kg, +48kg;

Young Cadets Female: -23kg, -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, +44kg;

Cadets Male: -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg), -164 cm (-56 kg),
-168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), -180 cm (-67 kg), +180 cm (-80 kg),

Cadets Female: -144 cm (-43 kg), -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg),
-164 cm (-56 kg), -168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), +176 cm (-75 kg),

24. November: 10:00 – 13:00 hrs

Juniors Male: -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg;

Juniors Female: -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -63kg, -68kg, +68 kg;

Senior Male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, +87kg;

Senior Female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg; +73kg;

Hotel HOLIDAY,

Zmaja od Bosne 4., 71000, Sarajevo

MAP: <https://maps.app.goo.gl/aYRvGx9gktYnujuN9>

The weigh-in will not be extended. Make sure you arrive on time in CITY!

RANDOM WEIGH-IN

All selected athletes must be present at 08:00 hrs sharp. The names of the athletes selected for the Random weigh-in will be published at 07:00 hrs on the competition day on the following (social) media platforms:

<https://tpss.eu>



23RD BALKAN TAEKWONDO CHAMPIONSHIPS SARAJEVO 2023

DRAW SHEETS & BRACKET PUBLICATION

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 20:00 – 21:00 hrs on the following (social) media platforms:

<https://tpss.eu>

SEEDING

No seeding is applicable.

COMPETITION RULES

WT Competition Rules & Interpretation

COMPETITION SYSTEM

Single elimination tournament system.

CONTEST TIME

Best of three (3) system will be used.

1. Seniors and Juniors: 2 minutes x 3 rounds with 1 minute break
2. Young Cadets and Cadets: 1,5 minute x 3 rounds with 1 minute break

(Contest times could be adjusted according to OC Decisions)

ELIGIBILITY REQUIREMENTS

1. WT Global Athlete Licence **not required** for athletes competing in **Kyorugi** Young Cadets, Cadets and Juniors age class.

WT Global Athlete Licence valid for 2023 **is mandatory** for athletes competing in **Kyorugi** Seniors age classes.

NO LIMIT OF TEAM REPRESENTATIVES BY NATIONAL TEAMS PER CATEGORY/DIVISION

AGE CLASSES

An athlete in order to be eligible for participation must be born in:

SENIORS: Athletes must be born in 2006 or earlier (+17 years)

JUNIORS: Year of Birth (2006. – 2008.)

CADETS: Year of Birth (2009. – 2011.)

YOUNG CADETS: Year of Birth (2012. – 2014.)

An athlete born in 2006 must compete either in Juniors or Seniors Age Class

WEIGHT DIVISIONS

Senior Male: -54 kg, -58 kg, -63 kg, -68 kg, -74 kg, -80 kg, -87 kg, +87 kg;
Senior Female: -46 kg., -49 kg., -53 kg., -57 kg., -62 kg., -67 kg., -73 kg., +73;
Junior Male: -45 kg, -48 kg, -51 kg, -55 kg, -59 kg, -63 kg, -68 kg, -73 kg, -78 kg, +78 kg;
Junior Female: -42 kg, -44 kg, -46 kg, -49 kg, -52 kg, -55 kg, -59 kg, -63 kg, -68 kg, +68 kg;
Cadets Male: -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg), -164 cm (-56 kg), -168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), -180 cm (-67 kg), +180 cm (-80 kg),
Cadets Female: -144 cm (-43 kg), -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg), -164 cm (-56 kg), -168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), +176 cm (-75 kg),
Young Cadets Male: -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, -48kg, +48kg;
Young Cadets Female: -23kg, -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, +44kg;

BELT REQUIREMENTS

Seniors – 1st Gup (Red-Black belt) and above;
Juniors – 1st Gup (Red-Black belt) and above;
Cadets – 2nd Gup (Red belt) and above;
Young Cadets – 3rd Gup (Blu-red belt) and above;

APPLICABLE FEES

Kyorugi – 75 EUR per contestant;
Change of category – free of charge till 15. 10. 2023.,;
Change of category – 30 EUR after 15. 10. 2023.;

The Entry fees should be paid in **cash or by bank** during to registration. The entry fee is mandatory for all registered in <https://tpss.eu> participant. In case an athlete does not officiate, but his/her team registration is not erased from the registration system the entry fee must be paid. No refunds of entry fee will apply!

BANK ACCOUNT INFORMATION

ACCOUNT NAME: TAEKWONDO SAVEZ FEDERACIJE BOSNE I HERCEGOVINE
NAME OF BANK: Intesa Sanpaolo Banka dd, Serifa Loje 22, 71000, Sarajevo
IBAN: BA391544602002898566
SWIFT: UPBKBA22



23RD BALKAN TAEKWONDO CHAMPIONSHIPS SARAJEVO 2023

SPORT EQUIPMENT

PSS – system

Daedo International Generation 2, with electronic headgear are provided by the OC. For Kids and Cadets divisions headgear with face masks may be used.

Dobok and protective equipment

Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: <http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

Only WT-recognized equipment is allowed groin-, forearm-, shin-, mouthpiece, Daedo sensor socks and gloves shall be brought by the contestants, which is compulsory.

FIELD OF PLAY REGULATIONS

By accepting an accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events. Only the competitors and their coaches will have admittance with valid accreditations to the contest areas.

VENUE ACCESS REGULATIONS

- Free entry.

AWARDS

Individual awards

- 1st place – gold medal and certificate
- 2nd place – silver medal and certificate
- 3rd place – two bronze medals and certificate

Trophies will be awarded for the Best Female Team 1st 2nd 3rd 4th

Trophies will be awarded for the Best Male Team 1st 2nd 3rd 4th

Trophies will be awarded for the Best Team Overall 1st 2nd 3rd 4th 5th 6th

Trophies will be awarded for the Best Male & Female Referees

Trophies will be awarded for the MVP for each gender & age group

REFEREES

Mr. Belmir Berberovic, International referee (Referee Chairman)

NOTE:

Each country must bring at least one (1) international licensed referee. A maximum of two (2) referees per participating nation will be admitted. If in any case the second referee must be, national referee with great experience and update knowledge.

International Referees must be licensed by the WT, and the national referee must be licensed by pertinent federation promoting to this championship. Referees should send their application form before the 31. 10. 2023., to the OC:

Email: belmir.berberovic@gmail.com

The **OC** will provide accommodation and full board for three nights in the hotel for referees.

Each international referee will receive an allowance of **€ 150,00 Euro / competition day**.

Each national referee will receive an allowance of **€ 50,00 Euro / competition day**.

MEDICAL AND ANTI-DOPING

Applicable medical rules

The WT Medical Code, WT mouth guard, bracing, taping, padding and piercing rules are applicable, which all MNA participating this event must comply.

Applicable doping rules

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among all athletes. Balkan Taekwondo Union and/or WADA may carry out random out-of-competition testing prior to the event.

Therapeutic Use Exemption

Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information.

Otherwise, please download the TUE Application Form (found on <https://ita.sport/TUE>), and once duly completed and signed, send it together with the required medical file to tue@ita.sport. Report TUE applications also to the WT Sport Department via antidoping@worldtaekwondo.org by no later than 10 August 2023.

ADAMS login

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or tue@ita.sport with copy to antidoping@worldtaekwondo.org

For more details, please visit

<http://www.wada-ama.org/en/ADAMS/>

http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html



23RD BALKAN TAEKWONDO CHAMPIONSHIPS SARAJEVO 2023

MEDIA AND PRESS

Media accreditation

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the infotkdsbih@gmail.com

Photo positions

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the Balkan Taekwondo Union Press officer.

ACCOMODATION AND TRANSPORTION

The Organizing Committee shall provide transportation between the airport and hotel for those teams that have booked their hotel via the Organizing Committee. See the accommodation guide for details.

The deadline for accomodation reservation is set at:

10th November 2023, 23:59 CET

Please refer to the OC for information on accommodation via infotkdsbih@gmail.com.

HASH TAGS & SOCIAL MEDIA

Hash tags

Balkan Taekwondo Union uses the following hash tags at Facebook and Instagram:

Social media platforms

Facebook: [facebook.com/taekwondo.savez.bih](https://www.facebook.com/taekwondo.savez.bih)

Instagram: [instagram.com/taekwondosavezbih](https://www.instagram.com/taekwondosavezbih)

**23RD BALKAN TAEKWONDO
CHAMPIONSHIPS SARAJEVO 2023**

TIMETABLE

| DATE | TIME | EVENT | LOCATION |
|--------------|---------------|---|---------------|
| 23. November | 09:00 – 13:00 | Registration and Weigh-in for Young Cadets and Cadets | Hotel HOLIDAY |
| | 14:00 – 18:00 | | |
| | 13:00 – 14:00 | Lunch Break | |
| 24. November | 08:00 – 08:30 | Referee meeting | VENUE |
| | 08:30 – 08:45 | Coach meeting | |
| | 09:00 – 18:00 | Kyorugi preliminaries | |
| | 10:00 – 13:00 | Registration and Weigh-in for Juniors and Seniors | Hotel HOLIDAY |
| | 13:00 – 14:00 | Lunch Break | VENUE |
| | 14:00 – 16:00 | Semifinal and finals | |
| | 19:00 – 20:30 | Closing ceremony | |
| 25. November | 08:00 – 08:30 | Referee meeting | VENUE |
| | 08:30 – 08:45 | Coach meeting | |
| | 08:00 – 18:00 | Kyorugi preliminaries | |
| | 13:00 – 14:00 | Lunch break | |
| | 14:00 – 19:00 | Semifinal | |
| | 16:00 – 17:00 | Open Ceremony | |
| | 17:00 – 19:00 | Finals | |
| | 19:00 – 20:30 | Closing ceremony | |

⚠ ⚠ ⚠ WARNING TIMETABLE ALWAYS REMAINS SUBJECT TO CHANGE ⚠ ⚠ ⚠

MEDICAL INSURANCE

All participating athletes, coaches, team officials, technical officials and participants at BTU events shall have mandatorily an international medical insurance that covers medical care (COVID included) and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. BTU nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word.

All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs. Each MNA, Team doctor or team medical staff must ensure their athletes and team officials have valid international health insurance that covers medical and emergency care at the designated hospitals in Albania before arrival to the venue.

General

The OC cannot predict the developments in the next coming months with regard to the Corona COVID-19 outbreak in Europe. The teams have to bear in mind that due to the uncertain nature of the Corona COVID-19 outbreak and sole authority of each government on how to respond, restrictions to access the Host country may be applicable.

It is the responsibility of each and every participating team to make sure they meet all entry requirements in order to enter the Host country and to monitor the Albanian policy with regard to entry policies.

Sufficient insurance

The teams are strongly urged and advised to make sure to have their own sufficient travel, cancellation, and medical insurance.

Liability

In this respect, please be informed that the OC shall not and cannot be held liable for any expenses and costs incurred by the teams for travelling to the event in case of cancellation of the event due to (further) outbreak of the Corona COVID-19 virus in the Host Country. The teams are strongly urged and advised to make sure to have their own sufficient travel, cancellation and medical insurance. The OC shall not accept any claims or requests for compensation in case of cancellation of the event.



**23RD BALKAN TAEKWONDO
CHAMPIONSHIPS SARAJEVO 2023**

PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE

executed this on:

(insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the Taekwondo Europe, World Taekwondo, the _____ and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an “Indemnitee” and, collectively, “Indemnitees”), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys’ fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participating in the _____ in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue.

I verify that by signing and submitting this form that I have read and agree to all of the terms and conditions provided above.

Name:

Date:

Signature:

In case the person involved is a minor, the legal guardian has to sign:

Name:

Relation towards the minor:

Date:

Signature:

Please send this form to: _____



LIABILITY DECLARATION

(only for under aged athletes)

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor): / /

I declare that I accept the participation of at the 23rd Balkan Championships on _____ and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. _____, and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Sarajevo, Bosnia and Herzegovina,

Place:

Date:

Signature of the parents/legal guardian: